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## Developing metacognition

### Overview

We all want to create highly effective learners. When we analyse why some pupils are more successful than others we can clearly see that metacognition plays a vital part in the learning process. This training increases participants' understanding of what metacognition is and provides practical ways of incorporating it into daily teaching.

Create learners who are: highly effective and capable of taking charge of their own learning, are proactive in formulating their own questions, engage in self-monitoring and self-correcting, and can articulate their learning. Equip pupils with the capacity to themselves critical questions as they learn such as 'What am I trying to achieve?', 'Where should I start?' and 'What has worked well today?'

### Modules

- understanding the role metacognition plays in pupil progress and how pupils can become more effective and efficient learners;
- increasing teacher understanding of how to develop metacognition in the classroom;
- using metacognition to help pupils think and think more deeply;
- memory and its link to metacognition;
- metacognition in problem solving, mathematics and reading; and
- using metacognition to enable pupils to become more independent in selecting and using strategies, tools and routines for different types of learning.

### Evaluations

*"Useful resources and excellent activities. Really enjoyed the training. Vicky is a generous and engaging course leader."*

*"Really practical resources. Lots of activities to take back for immediate and long-term action."*

*"The whole course was outstanding." "Inspirational!"*

**Training can be delivered via online learning modules and zoom sessions for individuals, groups or the whole school. Contact us to arrange bespoke training for your school from an 'introduction to metacognition' to a full year in-depth CPD programme.**

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