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## Developing metacognition

### Overview

We all want to create highly effective learners. When we analyse why some pupils are more successful than others we can clearly see that metacognition plays a vital part in the learning process. This training increases participants' understanding of what metacognition is and provides practical ways of incorporating it into daily teaching.

Create learners who are: highly effective and capable of taking charge of their own learning, are proactive in formulating their own questions, engage in self-monitoring and self-correcting, and can articulate their learning. Equip pupils with the capacity to themselves critical questions as they learn such as 'What am I trying to achieve?', 'Where should I start?' and 'What has worked well today?'

### Modules

- understanding the role metacognition plays in pupil progress and how pupils can become more effective and efficient learners;
- increasing teacher understanding of how to develop metacognition in the classroom;
- using metacognition to help pupils think and think more deeply;
- metacognition in problem solving, mathematics and reading; and
- using metacognition to enable pupils to become more independent in selecting and using strategies, tools and routines for different types of learning.

### Evaluations

*"Useful resources and excellent activities. Really enjoyed the training. Vicky is a generous and engaging course leader."*

*"Really practical resources. Lots of activities to take back for immediate and long-term action."*

*"The whole course was outstanding." "Inspirational!"*

*"Lots of ideas to develop metacognition across the school."*

**To have this course delivered in your school, contact us:**

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